

## Treatments That Work: Evidence-Based Psychotherapy for Children and Adolescents

PSYCH 1071-005 | 1.2 ceu

12 hours of CE credit: BRN, LCSW/MFT and Psychologists

The prevalence of psychiatric disorders in school-age children is estimated to be 20–30 percent and growing. Many of these psychiatric disorders do not remit spontaneously and appear to become more complex and treatment-resistant with time. This two-day workshop presents guidelines for conducting evidence-based psychotherapy and reviews psychosocial treatments for the most common childhood and adolescent disorders. For each condition, the efficacy of various treatments, the primary treatment targets and components, and a typical treatment plan are presented.

**Saturdays, March 17 and March 24, 2018**

**9:00am – 4:00pm**

**San Francisco Center, 160 Spear Street Room 513**

**Fee: \$320.00**



### **Instructor:**

Daniela Owen, Ph.D., (license PSY 23748), has worked on multiple research studies, taught undergraduate courses and was a clinician at the Psychological Center at Stony Brook University. She has served as a primary therapist in several clinical settings including Long Island Jewish Zucker-Hillside Hospital; Mount Sinai Hospital, Child and Family Psychological Services; and Kaiser Permanente in Walnut Creek. Owen treats attention and concentration problems, oppositional behavior, social skills deficits, anxiety disorders, mood disorders, adjustment to transitions, enuresis and eating disorders in children and adolescents. She is currently on staff at the San Francisco Bay Area Center for Cognitive Therapy.

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