

Our Contract

This contract describes our family's expectations and agreements for how we use our devices at home. We agreed upon the following:

Where to use our devices

We discussed the specific areas in our home, auto, and work places and school places that it is appropriate to use our devices. We agree to:

When to use our devices

We discussed the times during the day and evening that it is appropriate to use our devices. We agree to:

Where to store our devices when we agree to not use them

We discussed the specific areas in our home, auto, and work places and school places that it is appropriate to store our devices when we agree to not use them. We agree to:

When and how to negotiate our contract

We discussed the specific times (e.g., 1st Saturday evening of the month) to discuss the current contract, listen to requests to change the contract, and negotiate changes to the contract. We agree to:

Dates and signatures of all family members: