

Establish and reinforce a solid foundation of CBT skills.

CBT FOR DEPRESSION AND SUICIDE

June 20-22, 2017

Myrtue Medical Center
Harlan, IA

During this three-day workshop, Dr. Michael Tompkins will teach how to conceptualize and plan effective and efficient treatment for clients with depression. Fundamental cognitive behavior therapy tenets including session structure, goal setting, action plans, and the therapeutic alliance will be included. The third day of training will focus on clients who experience suicidality, with the goal of decreasing the risk of future suicidal acts. This workshop will include opportunities to role-play and practice specific techniques and conceptual skills to use with their clients.



REGISTER

education@myrtuemedical.org

712-755-4343

Beck Institute for Cognitive Behavior Therapy is a leading international source for training, therapy, and resources in CBT. Learn more at www.beckinstitute.org.

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