



Licensing/Relicensing Requirements and Continuing Education Units (ceu)

The continuing education (CE) credit for each course, if available, is listed after the course title in the online and print catalogs. We use the following abbreviations:

- **BRN:** Board of Registered Nursing (Provider 00226)
- **LCSW/MFT:** courses that meet the qualifications for CE credit for LCSWs and MFTs as required by the CA BBS (PCE 1505)
- **CE credits for psychologists:** UC Berkeley Extension is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. UC Berkeley Extension maintains responsibility for this program and its contents.

Treatments that Work: Evidence-Based Psychotherapy for Children and Adolescents

This course applies toward the Professional Programs in Child and Adolescent Treatment

1.2 ceu | 12 hours CE credit: BRN, LCSW/MFT and psychologists

Saturdays, March 9 and 16, 2019 | 9:00am – 4:00pm

UC Berkeley Extension San Francisco Campus | 160 Spear Street

Course Fee: \$320.00

The prevalence of psychiatric disorders in school-age children is estimated to be 20–30 percent and growing. Many of these psychiatric disorders do not remit spontaneously and appear to become more complex and treatment-resistant with time. This two-day workshop presents guidelines for conducting evidence-based psychotherapy and reviews psychosocial treatments for the most common childhood and adolescent disorders. For each condition, the efficacy of various treatments, the primary treatment targets and components, and a typical treatment plan are presented.

Instructor:

Daniela Owen, Ph.D., (license PSY 23748), has worked on multiple research studies, taught undergraduate courses and was a clinician at the Psychological Center at Stony Brook University. She has served as a primary therapist in several clinical settings including Long Island Jewish Zucker-Hillside Hospital; Mount Sinai Hospital, Child and Family Psychological Services; and Kaiser Permanente in Walnut Creek. Owen treats attention and concentration problems, oppositional behavior, social skills deficits, anxiety disorders, mood disorders, adjustment to transitions, enuresis and eating disorders in children and adolescents. She is currently on staff at the San Francisco Bay Area Center for Cognitive Therapy.

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